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4 ENCePP Guide on Methodological Standards in  
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16 Pharmacoepidemiology

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DRAFT

## 53 **1. Introduction**

54 The present guide seeks to provide an overview of internationally acknowledged  
55 recommendations, key points from other existing guidelines and standards in  
56 pharmacoepidemiology and directions for learning on study design and methods. The main  
57 aim is to provide a structured architecture for thinking and learning. The point on the  
58 horizon is to assure high quality pharmacoepidemiological European Network of Centres for  
59 Pharmacoepidemiology and Pharmacovigilance (ENCePP) studies to fuel learned regulatory  
60 decision making and to stimulate innovation that benefits patients and public health at large.  
61 The intention is not to duplicate the text from existing guidelines and textbooks, but rather  
62 to offer the researcher a single overview document and web resource that refers to specific  
63 existing guidances after a brief introduction or overview of the relevant guidance text.

64 The identification and compilation of existing guidelines in the fields of  
65 pharmacoepidemiology and pharmacovigilance is a goal of ENCePP, with the purpose of  
66 supporting the development and strengthening of a functional pharmacoepidemiology  
67 research network in the field. In acknowledgement of the diverse nature and levels of  
68 expertise among present researchers in Europe, ENCEPP aims at encouraging participation  
69 across the spectrum of researchers and considers the current overview document  
70 appropriate to serve both experienced and relatively new researchers in  
71 pharmacoepidemiology.

72 Interested parties are also referred to the ENCEPP [Checklist of Methodological Standards for](#)  
73 [ENCePP Study Protocols](#), which objective is to increase the awareness about scientific and  
74 methodological developments in the field of pharmacoepidemiology, and the ENCePP [Code of](#)  
75 [Conduct](#) that seeks to provide a set of rules and principles for pharmacoepidemiological and  
76 pharmacovigilance studies

77 In order to develop this inventory, the first step was to identify and review existing English-  
78 language guidance. The review consisted of documenting the objective, scope, target  
79 audience, content and relevance to ENCePP, for each guidance. Gaps in guidance in areas  
80 important to collaborative pharmacoepidemiology research were also identified.

81 The scope of the inventory is to be dynamic in that it will be updated and expanded by  
82 structured review and also on an ad-hoc basis in response to comments received. New  
83 guidance may appear and new sections may be developed specifically targeted to the needs  
84 of collaborative research in ENCePP, or other research networks, that are not covered by  
85 current guidance. Researchers are kindly requested to refer any additional guidance  
86 document (with an electronic link, where possible) they may be aware of, and that is  
87 considered relevant, to the [ENCePP Secretariat](#) to assist in future updates. In the interim, to  
88 facilitate access to methodological aspects that are not specifically covered in textbooks or  
89 existing guidance, the researcher is referred to a list of references addressing a number of  
90 methodological challenges and lessons learned (see Section 5.2).

91 Researchers are also requested to self-refer to standard textbooks in epidemiology and  
92 pharmacoepidemiology research, in addition to those cited in the present document.

## 93 2. General aspects of study protocol

94 The study protocol is the core document of a study. A protocol should be drafted as one of  
95 the first steps in any research project, and should be amended and updated as needed  
96 throughout its course. It must describe everything precisely that will be done in the study,  
97 so that the study can be exactly reproduced. It is usually and profitably based on standard  
98 protocol outlines, which could be prepared for different types of studies (e.g. cohort or case-  
99 control studies based on field data or database studies that include different information  
100 according to study type).

101 Chapter II of the [ISPE Guidelines for Good Pharmacoepidemiology Practices](#) (GPP) provides  
102 guidance on what is expected of a study protocol. The guideline states that the protocol  
103 should include a description of the data quality and integrity, including, for example,  
104 abstraction of original documents, extent of source data verification, and validation of  
105 endpoints. As appropriate, certification and/or qualifications of any supporting laboratory or  
106 research groups should be included. The guidelines recommend description of data  
107 management, statistical software programs and hardware to be used in the study,  
108 description of data preparation and analytical procedures, as well as the methods for data  
109 retrieval and collection. The GPP does not provide detailed recommendations regarding these  
110 issues but instead more general statements. It should be borne in mind that, as stated in  
111 the GPP, adherence to guidelines will not guarantee valid research. The [Checklist of  
112 Methodological Standards for ENCePP Study Protocols](#) also seeks to stimulate researchers to  
113 consider important epidemiological principles when designing a pharmacoepidemiological  
114 study and writing a study protocol.

115 The protocol should cover all of the following aspects:

- 116 - The research question the study is designed to answer, which might be purely  
117 descriptive, exploratory or explanatory (hypothesis driven). The protocol will include a  
118 background description that expounds the origin (scientific, regulatory, etc.) and the  
119 state of present knowledge of the research question. It will also explain the context of  
120 the research question, including what data are currently available and how this data can  
121 or cannot contribute to answering the question. The context will also be defined in terms  
122 of what information sources can be used to generate appropriate data, and how the  
123 proposed study methodology will be shaped around these.
- 124 - The main study objective and possible secondary objectives, which are operational  
125 definitions of the research question. In defining secondary objectives, consideration could  
126 be given to time and cost, which may impose constraints and choices, for example in  
127 terms of sample size, duration of follow-up or data collection.
- 128 - The source and study populations to be derived from the research question and the  
129 specific study objectives. The protocol should describe whether this population is already  
130 included in a database or whether it needs to be recruited *de novo*. The limits of the  
131 desired population will be defined including inclusion/exclusion criteria, timelines (such as  
132 index dates for inclusion in the study) and any exposure criteria and events defining  
133 cases and non-case or non-exposed study groups.
- 134 - Exposures of interest that need to be pre-specified, defined and described  
135 unambiguously, including durations of exposure or follow-up, visits or time-dependent  
136 appraisals and details of which data are collected when, using what methods.

- 137 - Outcomes of interest that need to be pre-specified, defined and described  
138 unambiguously, including data sources, operational definitions and methods of  
139 ascertainment such as data elements in field studies or appropriate codes in database  
140 studies.
- 141 - The covariates and potential confounders that need to be retrieved and measured.
- 142 - The statistical analysis of the resulting data, including statistical methods and software,  
143 adjustment strategies, and how the results are going to be addressed.
- 144 - The identification of possible biases.
- 145 - Major assumptions, critical uncertainties and challenges in the design, conduct and  
146 interpretation of the results of the study given the research question and the data used.
- 147 - Ethical considerations, as described in the ENCePP [Code of Conduct](#).
- 148 - The contract between the investigating team and the sponsor, which may be a part of  
149 the protocol (or the protocol a part of the contract).
- 150 - The various data collection forms including the Case Report Form (CRF) or descriptions of  
151 the data elements to be appended to the protocol, allowing having an exact  
152 representation of the data collection. For field studies, physician or patient forms would  
153 be included depending on data collection methodology. Other forms might be included as  
154 needed, such as patient information, patient-oriented summaries, copies of submissions  
155 (e.g. to [ClinicalTrials.gov](#), [ENCePP](#) or other repositories), publications etc.

### 156 **3. Research question**

157 The research question and the associated objectives describe the knowledge or information  
158 to be gained from the study. The definition of the research question typically corresponds to  
159 the introduction section of a research report. Within the definition, it is important that  
160 current knowledge gaps are properly identified. Existing guidance on this aspect includes the  
161 [ISPE Guidelines for Good Pharmacoepidemiology Practices](#) (GPP) and the [Checklist of  
162 Methodological Standards for ENCePP Study Protocols](#).

163 These guidance documents emphasise that it should be clearly explained why the study is to  
164 be conducted (e.g. to answer an important public health concern, to confirm or further  
165 characterise a risk identified in a Risk Management Plan, or to assess a new or emerging  
166 safety issue). It should also be clear whether the results that will be reported represent a  
167 *priori* (pre-formed) hypotheses or data driven research. If there is no *a priori* hypothesis,  
168 this should be clearly stated. The [Checklist of Methodological Standards for ENCePP Study  
169 Protocols](#) also suggests that the research objective should briefly state the target population,  
170 primary endpoints, questions of dose-dependency and the main statistical measures.

171 A critical and thorough review of the literature usually forms the basis for the background  
172 description of the research question and a description of the theoretical framework of the  
173 study should be included in a protocol. Such review aims at evaluating the pertinent  
174 information and at identifying gaps in knowledge. According to the [ISPE Guidelines for Good  
175 Pharmacoepidemiology Practices](#), the review should include findings of relevant animal and  
176 human experiments, clinical studies, vital statistics and previous epidemiological studies. The  
177 findings of similar studies should be mentioned and gaps in knowledge that the study is  
178 intended to fill (which would correspond to the expected contribution of the study found in  
179 the *Relevance/Significance* section of the protocol) should be described.

180 In addition, previous findings are useful for the methodological planning of the current study  
181 as they may be used to discuss how the findings of the previous research may support the  
182 background, significance, research question, hypotheses, and/or design of the proposed  
183 study. They may also serve to determine the expected magnitude of the event(s) under  
184 study and, if available, in the target population, to characterise the various risk factors for  
185 the event and to identify the outcomes and measures that have been used in previous  
186 studies. The review assists in providing an assessment of the feasibility of the proposed  
187 study.

188 In addition to seeking information, the review should be a critical appraisal of the evidence  
189 in order to assess, analyse and synthesise previous research, and place it in its current  
190 context. Several methods for reviewing and synthesising findings from the literature exist,  
191 including narrative review, for which guidance is available in [Writing narrative literature  
192 reviews](#) (Baumeister RF, Leary MR. Rev of Gen Psychol 1997; 1 (3): 311-320). In some  
193 circumstances systematic review and meta-analysis are appropriate (see Section 5.4) and  
194 guidance is available in the [Cochrane Handbook for Systematic Reviews of Interventions](#).  
195 The key source for identifying systematic reviews is via the [Cochrane Collaboration](#), an  
196 international network of researchers working on systematic reviews.

## 197 **4. Governance**

198 In Europe, EU and national laws and guidelines are the keys to what can and cannot be done  
199 with regard to data access, data linkage and consent issues, including such domains as  
200 human rights and duty of confidentiality. While differing data custodians currently have  
201 differing requirements related to what approvals are needed before data can be released,  
202 the minimum requirements will naturally fit within the overall need to meet all applicable EU  
203 and national laws and guidelines for the actual study, including in situations where  
204 multicountry studies are being conducted and there may be transfer of data or information.  
205 In addition to meeting legislative requirements, studies also need to adhere to a set of  
206 principles that meet with the requirements of scientific and ethical reviews, to be approved  
207 for conduct accordingly.

208 Of note, some approval systems only want to see a summary or shortened form of the  
209 protocol, but at least one of the approvals generally needs to be based upon the full  
210 protocol. In addition, ethics approval does not cover science approval and within the concept  
211 of ENCePP both need to be fully satisfied.

### 212 **4.1. General principles**

213 The objective of the [ENCePP Code of Conduct](#) is to provide a set of rules and principles for  
214 best practice of the investigator-study funder relationship as well as research transparency  
215 in pharmacoepidemiology and pharmacovigilance studies, thereby promoting scientific  
216 independence.

217 By applying the principles of transparency and scientific independence, the Code aims to  
218 strengthen the confidence of the general public, researchers and regulators in the integrity  
219 and value of pharmacoepidemiology and pharmacovigilance research. To this end, the Code  
220 addresses critical areas in the planning, conduct and reporting of studies and the interaction  
221 of investigators and study funders. At its core is the requirement to register studies before  
222 they start (see [ENCePP E-Register of Studies](#)) and the obligation to publish all study findings  
223 irrespective of positive or negative results.

224 The Code is an integral part of the [‘ENCePP Study’](#) concept. ‘ENCePP studies’ need to comply  
225 with the provisions of the Code in their entirety and investigators seeking the ENCePP study  
226 seal need to confirm their intention to do so by submitting a completed and signed [Checklist](#)  
227 and [Declaration on compliance](#) as part of their application.

## 228 **4.2. Scientific standards, review and approval**

229 The standards for designing a pharmacoepidemiological and pharmacovigilance study are  
230 captured in the [Checklist of Methodological Standards for ENCePP Study Protocols](#).

231 Many research organisations and databases have scientific review boards that ensure  
232 scientific standards are met. Some national competent authorities also have their own  
233 review board for registering/approving studies. In addition, it is good practice to invite  
234 independent experts to review the study results as well as the protocol and any publications  
235 and/or communications thereof, regardless of whether a study steering group has been  
236 established. The role of scientific committees in governance is also emphasised as being of  
237 particular importance.

## 238 **4.3. Ethical conduct, patient and data protection**

239 The [Declaration of Helsinki](#) and the provisions on processing of personal data and the  
240 protection of privacy as laid down in [Directive 95/46/EC](#) and [Regulation 45/2001](#) of the  
241 European Parliament and of the Council need to be followed in terms of the ethical conduct  
242 of studies. For interventional research, the [Clinical Trial Directive \(Directive 2001/20/EC\)](#)  
243 applies.

244 As post-authorisation studies are carried out with authorised medicinal products, relevant  
245 European and national legislation applies. Specifically, Marketing Authorisation Holders will  
246 need to comply with [Directive 2001/83/EC](#) and [Regulation \(EC\) No 726/2004](#) of the  
247 European Parliament and of the Council. The guidance in [Volume 9A on Pharmacovigilance](#) of  
248 the Rules Governing Medicinal Products in the EU and [Guidelines for Good Clinical Practice](#)  
249 [\(Commission Directive 2005/28/EC\)](#) should also be followed.

250 Consideration of ethical issues, data ownership and privacy is an important part of the [ISPE](#)  
251 [Guidelines for Good Pharmacoepidemiology Practices](#) (GPP), section IV, including a sub-  
252 section (IV.A) on protection of human subjects, which includes a reference to [the ISPE](#)  
253 [guidelines on Data Privacy, Medical Record Confidentiality, and Research in the Interest of](#)  
254 [Public Health](#) for additional information. The GPP also recommends a stand-alone section  
255 within the protocol containing a description of plans for protecting human subjects that  
256 includes consideration of the need for submitting the protocol to an Institutional Review  
257 Board/Independent Ethics Committee (IRB/IEC) and the requirement of informed consent in  
258 accordance with local law.

259 The main scope of the [IEA Good Epidemiological Practice \(GEP\) Guideline](#) for proper conduct  
260 in epidemiological research is on the ethical principles of pharmacoepidemiological field  
261 studies, which could also apply to interventional studies, such as the role of ethics  
262 committees, patients’ informed consent, use and storage of personal data and publication of  
263 results.

264 The CIOMS 2009 [International Ethical Guidelines for Epidemiological Studies](#) have as their  
265 objective the preparation of guidelines to indicate how the ethical principles that should  
266 govern the conduct of biomedical research involving human subjects could be effectively  
267 applied. The Guidelines set forth ethical guidance on how epidemiologists - as well as those

268 who sponsor, review, or participate in the studies they conduct - should identify and respond  
269 to the ethical issues that are raised by the process of producing this information.

270 The Agency for Healthcare Research and Quality (AHRQ) of the United States has published  
271 [Registries to Evaluate Patient Outcomes: a User's guide, Second Edition](#), which is a reference  
272 for establishing, maintaining and evaluating the success of registries created to collect data  
273 about patient outcomes. In Section 1: 'Creating a registry' is a specific chapter dedicated to  
274 ethics, data ownership, and privacy. The concepts are useful although the authors indicate  
275 that this section focuses solely on US Law.

276 The [Uniform Requirements for Manuscripts Submitted to Biomedical Journals](#) by the  
277 International Committee of Medical Journal Editors includes clear statements on ethical  
278 principles related to publication in biomedical journals addressing authorship and  
279 contributorship, editorship, peer review, conflicts of interest, privacy and confidentiality and  
280 protection of human subjects and animals in research.

## 281 **5. Study Design and Methods**

### 282 **5.1. General considerations**

283 The choice of study design and methods is a crucial part in every pharmacoepidemiological  
284 study and starts with the formulation of a relevant research question (whether non-steroidal  
285 anti-inflammatory drugs [NSAIDs] increase the risk of gastro-intestinal [GI] bleeding is cited  
286 throughout the present document as an illustrative working example). The study design and  
287 methods should follow the research question and are naturally interrelated.

288 The research question drives essentially three keys and sequentially structured phases in the  
289 conduct of an epidemiological study: (1) the design of the occurrence relation (theoretical  
290 design, for instance use of NSAIDs resulting in GI bleeds), (2) the design of the data  
291 collection to document empirically the occurrence relation (collection from a database of  
292 exposure [use of NSAIDs] and outcomes data [GI bleeding] in a cohort of patients that  
293 are/have been NSAIDs users), and (3) the design of the data analysis (from raw data to  
294 quantification of associations). These three phases are not independent. A hypothesised  
295 occurrence relation may lead to a certain array of designs for data collection given, in this  
296 example, the multi-source availability of data on use of NSAIDs (exposure) and on  
297 occurrences of GI bleeds in patients (outcomes). Finally, each design for data collection,  
298 given a well-defined occurrence relation, will be followed by only a few appropriate designs  
299 of data analysis.

300 The choice of epidemiological methods to answer a research question is not always carved in  
301 stone, but is rather based on principles than on rules. These principles may provide  
302 opportunities for creativeness and new innovative methods, when appropriate and needed.  
303 However, there are certain 'dos and don'ts' and certain standards in order to assure validity  
304 and robustness of the study results.

305 General aspects of study designs, their relevance to types of research question and issues  
306 relating to internal and external validity, including biases and confounding, are covered by  
307 many textbooks on epidemiology and pharmacoepidemiology. The following list proposes a  
308 sample of textbooks recommended for consultation. Researchers may find other textbooks  
309 more appropriate to their specific needs.

- 310 • B. MacMahon, D. Trichopoulos. *Epidemiology: Principles and Methods 2<sup>nd</sup> Edition*  
311 (Lippincott Williams & Wilkins, 1996) offers an introductory understanding of

- 312 epidemiological methods and processes, including on study designs and control for  
313 confounding.
- 314 • K. Rothman, S. Greenland, T. Lash. *Modern Epidemiology 3<sup>rd</sup> Edition* (Lippincott  
315 Williams & Wilkins, 2008) serves as a comprehensive textbook on methods in  
316 epidemiology. Chapter 8 deals with validity but rather than dichotomise validity into  
317 the two components, internal and external, details a view in which the essence of  
318 scientific generalisation is the formulation of abstract concepts relating the study  
319 factors.
  - 320 • B. Strom. *Pharmacoepidemiology 4<sup>th</sup> Edition* (Wiley, 2005) provides a complete  
321 review of epidemiological methods applied to the study of drugs. In Chapters 45 – 46,  
322 it emphasises that, whatever the source of the data, the veracity of a study's  
323 conclusion rests on the validity of the data.
  - 324 • A.G. Hartzema, H.H. Tilson and K.A. Chan, Editors. *Pharmacoepidemiology and  
325 Therapeutic Risk Management 1<sup>st</sup> Edition* (Harvey Whitney Books Company, 2008). In  
326 addition to a general review of drug-specific methodologies, this textbook illustrates  
327 practical issues with a large number of real life examples.
  - 328 • M.H. Gail, J. Benichou, Editors. *Encyclopedia of Epidemiologic Methods* (Wiley, 2000).  
329 This compilation of articles complements existing textbooks by providing a large  
330 coverage of specialised topics in epidemiological and statistical methods.
  - 331 • D. Altman. *Practical Statistics for Medical Research* (Chapman & Hall, 1990) presents  
332 a problem-based statistical text for medical researchers.

## 333 **5.2. Challenges and lessons learned**

334 Experience has shown that there exists a number of evolving methodological challenges that  
335 recur in pharmacoepidemiological research, that are still in development or that to date have  
336 not been adequately covered by recommendations, particularly in terms of how to deal with  
337 them. The following section details a number of sources of biases and confounding. It also  
338 provides references on possible methods for controlling for confounding, both measured and  
339 unmeasured.

### 340 **- Drug exposure/outcome definition and validation**

341 Physicians rely on patient-supplied information on past drug use and illness to assist with  
342 the diagnosis of current disease. Chapter 45 of *Pharmacoepidemiology* (B. Strom, 4<sup>th</sup>  
343 Edition. Wiley, 2005) presents a literature review of the studies that have evaluated the  
344 validity of drug, diagnosis and hospitalisation data and the factors that influence the  
345 accuracy of these data. It presents information on the two primary information sources  
346 available for pharmacoepidemiology studies: questionnaires and administrative databases  
347 and concludes with a summary of the current knowledge in the field as well as directions for  
348 future research.

### 349 **- Use of automated health databases**

350 The use of technology including administrative databases for pharmacoepidemiological  
351 research has limitations. For example, as explored in [Descriptive analyses of the integrity of  
352 a US Medicaid Claims Database](#) (Hennessy S, Bilker WB, Weber A, Strom B.  
353 *Pharmacoepidemiol Drug Saf* 2003; 12: 103–111), researchers using claims data rarely have

354 the opportunity to carry out quality assurance of the whole data set. This article concludes  
355 that performing such analyses can reveal important limitations of the data and whenever  
356 possible, researchers should examine the 'parent' data set for apparent irregularities.

357 The biases in assessment of drug exposure from an administrative database and their  
358 relevance for quality control in more clinical databases are explored in [European Surveillance  
359 of Antimicrobial Consumption \(ESAC\): Data Collection Performance and Methodological  
360 Approach](#) (Vander Stichele RH, Elseviers MM, Ferech M, Blot S, Goossens H; ESAC Project  
361 Group. Br J Clin Pharmacol 2004; 58: 419-28). This article describes the performance and  
362 methodological approach in a retrospective data collection effort (1997–2001) through an  
363 international network of surveillance systems, aiming to collect publicly available,  
364 comparable and reliable data on antibiotic use in Europe. The data collected were screened  
365 for bias, using a checklist focusing on detection bias in sample and census data; errors in  
366 assigning medicinal product packages to the Anatomical Therapeutic Chemical Classification  
367 (ATC); errors in calculations of defined daily doses (DDD) per package; bias by over-the-  
368 counter sales and parallel trade; and bias in ambulatory care (AC)/hospital care (HC) mix.  
369 The authors conclude that methodological rigour is needed to assure data validity and to  
370 ensure reliable cross-national comparison.

371 The following study investigated the range of methods used to validate diagnoses in a  
372 primary care database: [Validation and validity of diagnoses in the General Practice Research  
373 Database \(GPRD\): a systematic review](#) (Herrett E, Thomas SL, Schoonen WM, Smeeth L,  
374 Hall AJ. Br J Clin Pharmacol 2010; 69: 4-14). The findings included that a number of  
375 methods had been used to assess validity and that overall, estimates of validity were high.  
376 The quality of reporting of the validations was, however, often inadequate to permit a clear  
377 interpretation. The authors make recommendations for methodology and reporting to further  
378 strengthen the use of the GPRD in research that are potentially applicable to other  
379 databases.

380 In general it is clear that the quality of pharmacoepidemiological studies that rely heavily on  
381 clinical databases from medical practice could be greatly enhanced by stimulating the quality  
382 of medical registration in electronic health records, through the provision of elaborate end-  
383 user terminologies and classification aides at the point-of-care. Quality control and  
384 assurance are further addressed in section 8 of the present document.

#### 385 - **Confounding by indication**

386 Confounding by indication refers to an extraneous determinant of the outcome parameter  
387 that is present if a perceived high risk or poor prognosis is an indication for intervention.  
388 This means that differences in care, for example, between cases and controls may partly  
389 originate from differences in indication for medical intervention such as the presence of risk  
390 factors for particular health problems. The latter has frequently been reported in studies  
391 evaluating the efficacy of pharmaceutical interventions.

392 A good example can be found in [Confounding and indication for treatment in evaluation of  
393 drug treatment for hypertension](#) (Grobbee DE, Hoes AW. BMJ 1997; 315: 1151-1154). The  
394 article [Confounding by indication: the case of the calcium channel blockers](#) (Joffe MM.  
395 Pharmacoepidemiol Drug Saf 2000; 9: 37-41, reviews conceptual issues regarding  
396 confounding by indication. It demonstrates that studies with potential confounding by  
397 indication can benefit from appropriate analytic methods, including separating the effects of  
398 a drug taken at different times, sensitivity analysis for unmeasured confounders,  
399 instrumental variables and G-estimation.

400 With the more recent application of pharmacoepidemiological methods to assess  
401 effectiveness, confounding by indication is a greater challenge and the article [Approaches to](#)  
402 [combat with confounding by indication in observational studies of intended drug effects](#)  
403 (McMahon AD. *Pharmacoepidemiol Drug Saf* 2003; 12: 551-8) focuses on its possible  
404 reduction in studies of intended effects.

#### 405 - **Channelling**

406 Channelling is a form of allocation bias, where drugs with similar therapeutic indications are  
407 prescribed to groups of patients with prognostic differences. Claimed advantages of a new  
408 drug may channel it to patients with special pre-existing morbidity, with the consequence  
409 that disease states can be incorrectly attributed to use of the drug. How channelling towards  
410 high risk gastrointestinal patients occurred in the prescribing of newer NSAIDs is well  
411 demonstrated in [Channelling bias and the incidence of gastrointestinal haemorrhage in users](#)  
412 [of meloxicam, coxibs, and older, non-specific NSAIDs](#) (MacDonald TM, Morant SV, Goldstein  
413 JL, Burke TA, Pettitt D. *Gut* 2003; 52:1265–70). This study shows that when the newer  
414 NSAIDs were introduced they were channelled to particular groups of patients. In situations  
415 where indication or contraindication biases exist, and complex channelling effects can be  
416 expected, only randomised trials can be relied upon to provide unbiased treatment  
417 comparisons. Conventional randomised controlled clinical trials are expensive, involve  
418 relatively small numbers of patients, and the potential to generalise their results can be  
419 limited. A study design which, ethical considerations permitting, allowed drug allocation to  
420 be randomised in an otherwise normal clinical setting, and which relied upon the routine  
421 collection of primary and secondary health care records, could overcome the size limitations  
422 and atypical settings of conventional clinical trials. It would also avoid the channelling bias  
423 that may, in some cases, make it impossible to interpret the results of purely observational  
424 studies.

#### 425 - **Immortal time bias**

426 Immortal time in epidemiology refers to a period of cohort follow-up time during which death  
427 (or an outcome that determines end of follow-up) cannot occur and is defined in the book  
428 *Modern Epidemiology* (K. Rothman, S. Greenland, T. Lash. 3<sup>rd</sup> Edition, Lippincott Williams &  
429 Wilkins, 2008 p. 106-107).

430 Bias from immortal time was first identified in the 1970s in epidemiology in the context of  
431 cohort studies of the survival benefit of heart transplantation. It recently resurfaced in  
432 pharmacoepidemiology, with several observational studies reporting that various  
433 medications can be extremely effective at reducing morbidity and mortality. These studies,  
434 while using different cohort designs, all involved some form of immortal time and the  
435 corresponding bias.

436 Immortal time bias can arise when the period between cohort entry and date of first  
437 exposure, e.g., to a drug, during which death has not occurred, is either misclassified or  
438 simply excluded and not accounted for in the analysis. [Immortal time bias in observational](#)  
439 [studies of drug effects](#) (Suissa S. *Pharmacoepidemiol Drug Saf* 2007; 16: 241-249)  
440 demonstrates how several observational studies used a flawed approach to design and data  
441 analysis, leading to immortal time bias, which can generate an illusion of treatment  
442 effectiveness. Observational studies with surprisingly beneficial drug effects should,  
443 therefore, be re-assessed to account for this bias.

444 [Immortal time bias in Pharmacoepidemiology](#) (Suissa S. Am J Epidemiol 2008; 167: 492-499)  
445 describes various cohort study designs leading to this bias, quantifies its magnitude under  
446 different survival distributions, and illustrates it by using data from a cohort of lung cancer  
447 patients. The author shows that for time-based, event-based, and exposure-based cohort  
448 definitions the bias in the rate ratio resulting from misclassified or excluded immortal time  
449 increases proportionately to the duration of immortal time. The findings support the  
450 conclusion that observational studies of drug benefit in which computerised databases are  
451 used must be designed and analysed properly to avoid immortal time bias.

452 [The Secret of Immortal Time Bias in Epidemiologic Studies](#) (Shariff SZ, Cuerden MS, Jain AK,  
453 Garg AX. J Am Soc Nephrol 2008; 19: 841-843) proposes two methods to account for  
454 immortal time with an example in nephrology i.e. comparing patients who had chronic  
455 kidney disease (CKD) and attended multidisciplinary care (MDC) clinics with those who  
456 received usual care. The first solution is *matching*. At the design stage, an extra criterion is  
457 added to the matching procedure; a non-MDC clinic patient must be alive at the time when  
458 their matched patient attends the MDC clinic. In this situation, cohort entry becomes the  
459 date of the MDC clinic visit, and any time between a baseline serum creatinine test and the  
460 MDC clinic visit is not counted for in either of the groups. The other solution is to perform an  
461 analysis using *time-dependent covariates*. A time-dependent covariate is a predictor whose  
462 value may change over time. Immortal time bias can be avoided by acknowledging a change  
463 in exposure status using a time-dependent covariate. For example, a MDC clinic patient  
464 would be considered unexposed from the date of study entry until he or she visits the MDC  
465 clinic and exposed from that point forward. Many statistical software packages can  
466 incorporate time-dependent covariates into survival analysis.

#### 467 - **Unmeasured confounding**

468 Large health care utilisation databases are frequently used to analyse unintended effects of  
469 prescription drugs and biologics. Confounders that require detailed information on clinical  
470 parameters, lifestyle, or over-the-counter medications are often not measured in such  
471 datasets, causing residual confounding bias. [Sensitivity analysis and external adjustment for  
472 unmeasured confounders in epidemiologic database studies of therapeutics](#) (Schneeweiss S.  
473 Pharmacoepidemiol Drug Saf 2006; 15 (5) 291-303) provides a systematic approach to  
474 sensitivity analyses to investigate the impact of residual confounding in  
475 pharmacoepidemiological studies that use health care utilisation databases. In the article  
476 four basic approaches to sensitivity analysis were identified: (1) sensitivity analyses based  
477 on an array of informed assumptions; (2) analyses to identify the strength of residual  
478 confounding that would be necessary to explain an observed drug-outcome association; (3)  
479 external adjustment of a drug-outcome association given additional information on single  
480 binary confounders from survey data using algebraic solutions; (4) external adjustment  
481 considering the joint distribution of multiple confounders of any distribution from external  
482 sources of information using propensity score calibration. The author concludes that  
483 sensitivity analyses and external adjustments can improve our understanding of the effects  
484 of drugs and biologics in epidemiological database studies. With the availability of easy-to-  
485 apply techniques, sensitivity analyses should be used more frequently, substituting  
486 qualitative discussions of residual confounding.

487 There has also been discussion about the amount of bias in exposure effect estimates that  
488 can plausibly occur due to residual or unmeasured confounding. In [The impact of residual  
489 and unmeasured confounding in epidemiologic studies: a simulation study](#) (Fewell Z, Davey  
490 Smith G, Sterne JAC. Am J Epidemiol 2007; 166:646–55), the authors considered the extent

491 and patterns of bias in estimates of exposure-outcome associations that can result from  
492 residual or unmeasured confounding, when there is no true association between the  
493 exposure and the outcome. The conclusion was that the validity of an epidemiological study  
494 may be threatened by both residual and unmeasured confounding. With plausible  
495 assumptions about residual and unmeasured confounding, effect sizes of the magnitude  
496 frequently reported in observational epidemiological studies can be generated. This study  
497 highlights the need to perform sensitivity analyses to assess whether unmeasured and  
498 residual confounding are likely problems.

#### 499 - **Disease risk scores**

500 An approach to controlling for confounding is to construct a multivariable confounder score  
501 which summarises potential confounding factors in a single score. [Stratification by a  
502 multivariate confounder score](#) (Miettinen OS. Am J Epidemiol 1976; 104: 609-20)  
503 demonstrates how the control of confounding may be based on stratification by the score,  
504 with stratum-specific contingency tables obtained and analysed in the usual manner. An  
505 example is a disease risk score (DRS) that estimates the probability or rate of disease  
506 occurrence conditional on being unexposed. The association between exposure and disease  
507 is then estimated, adjusting for the disease risk score in place of the individual covariates.  
508 [Use of disease risk scores in pharmacoepidemiologic studies](#) (Arbogast P. Stat Methods Med  
509 Res 2009; 18: 67-80) includes a brief discussion of the DRS history, a more detailed  
510 description of their construction and use, a summary of simulation studies comparing their  
511 performance to traditional models, a comparison of their utility with that of propensity  
512 scores, and some further topics for future research.

#### 513 - **Propensity scores**

514 Databases used in pharmacoepidemiologic studies often include records of prescribed  
515 medications and encounters with medical care providers, from which one can construct very  
516 detailed surrogate measures for both drug exposure and covariates that are potential  
517 confounders. It is often possible to track day-by-day changes in these variables. However,  
518 while this information can be critical for study success, its volume can pose challenges for  
519 statistical analysis. A propensity score is analogous to the disease risk score in that it  
520 combines a large number of possible confounders into a single variable (the score). The  
521 exposure propensity score (EPS) is the conditional probability of exposure to a treatment  
522 given observed covariates. In a cohort study, matching or stratifying treated and control  
523 subjects on EPS tends to balance all of the observed covariates. However, unlike random  
524 assignment of treatments, the propensity score may not also balance unobserved covariates.  
525 [Invited Commentary: Propensity Scores](#) (Joffe MM, Rosenbaum PR. Am J Epidemiol 1999;  
526 150: 327–33) reviews the uses and limitations of propensity scores and provide a brief  
527 outline of the associated statistical theory. The authors present results of adjustment by  
528 matching or stratification on the propensity score.

529 [Analytic Strategies to Adjust Confounding using Exposure Propensity Scores and Disease  
530 Risk Scores](#) (Stürmer T, Schneeweiss S, Brookhart MA, Rothman KJ, Avorn J, Glynn RJ. Am J  
531 Epidemiol 2005; 161(9): 891-898) illustrates the different ways that both EPS and DRS methods can  
532 be used to control for confounding in a large cohort study. The authors conclude that in the setting of  
533 claims data on an elderly population, various ways to apply EPSs and DRSs to control for confounding  
534 were not generally superior to “conventional” multivariable outcome modeling, and differences in  
535 effect estimates between analytic strategies became more pronounced with smaller study size.  
536 Several of the same authors more recently in [Performance of propensity score calibration – a](#)

537 [simulation study](#) (Stürmer T, Schneeweiss S, Rothman KJ, Avorn J, Glynn RJ. Am J  
538 Epidemiol 2007; 165(10): 1110-8 introduced 'propensity score calibration' (PSC). This  
539 technique combines propensity score matching methods with measurement error regression  
540 models to address confounding by variables unobserved in the main study by using variables  
541 observed in a validation study. Their analyses demonstrated that PSC greatly improves  
542 inference when the critical assumption of surrogacy holds, but when surrogacy does not hold,  
543 PSC estimation can exacerbate bias relative to uncorrected propensity score models.

#### 544 - **Instrumental variables**

545 Instrumental variable (IV) methods were invented over 70 years ago, but remained  
546 uncommon in epidemiology for a long time. Over the past decade or so, non-parametric  
547 versions of IV methods have appeared that connect IV methods to causal and measurement-  
548 error models important in epidemiological applications. [An introduction to instrumental  
549 variables for epidemiologists](#) (Greenland S. Int J of Epidemiol 2000; 29: 722-729) presents  
550 those developments, illustrated by an application of IV methods to non-parametric  
551 adjustment for non-compliance in randomised trials. The author mentions a number of  
552 caveats, but concludes that IV corrections can be valuable in many situations. Including  
553 when IV assumptions are questionable, the corrections can still serve as part of the  
554 sensitivity analysis or external adjustment. When, however, the assumptions are more  
555 defensible, as in field trials and in studies that obtain validation or reliability data, IV  
556 methods can form an integral part of the analysis.

557 The complexity of the issues associated with confounding by indication, channelling and  
558 selective prescribing is explored in [Evaluating short-term drug effects using a physician-  
559 specific prescribing preference as an instrumental variable](#) (Brookhart MA, Wang P, Solomon  
560 DH, Schneeweiss S. Epidemiology 2006; 17(3): 268-275). This article also proposes a  
561 potential approach to control confounding by indication in non-experimental studies of  
562 treatment effects. The use of this instrument is illustrated in a study comparing the effect of  
563 exposure to COX-2 inhibitors with non-selective NSAIDs on gastrointestinal complications.  
564 Contrary to RCT results showing that COX-2 inhibitors lead to a reduced risk of GI toxicity  
565 relative to non-selective NSAIDs, the author's conventional multivariable analysis found no  
566 evidence of a gastro-protective effect attributable to COX-2 inhibitor use. In contrast to the  
567 conventional analysis, a physician-level instrumental variable approach (a time-varying  
568 estimate of a physician's relative preference for a given drug, where at least two therapeutic  
569 alternatives exist) yielded evidence of a clinically significant protective effect due to COX-2  
570 exposure, particularly for shorter term drug exposures. The authors also point out another  
571 interesting potential source of bias in the instrumental variable method results with the  
572 possibility that a physician can influence the outcome in ways other than through the  
573 prescribing of an NSAID. For example, physicians who frequently prescribe COX-2 inhibitors  
574 may also be more likely to co-prescribe proton pump inhibitors (PPIs) for additional gastro-  
575 protection. In such a situation, the protective effect due to COX-2 exposure is partly  
576 attributable to the use of a PPI.

#### 577 - **Marginal Structural Models**

578 In observational studies with exposures or treatments that vary over time, standard  
579 approaches for adjustment of confounding are biased when there exist time-dependent  
580 confounders that are also affected by previous treatment. [Marginal Structural Models and  
581 Causal Inference in Epidemiology](#) (Robins JM, Hernán MA, Brumback B. Epidemiology 2000;

582 11(5): 550-560) introduces marginal structural models, a class of causal models that allow  
583 for improved adjustment of confounding in those situations.

### 584 **5.3. Signal detection methodology and application**

585 Quantitative analysis of spontaneous adverse drug reaction reports is increasingly used in  
586 drug safety research. The article [Quantitative signal detection using spontaneous ADR  
587 reporting](#) (Bate A, Evans SJW. *Pharmacoepidemiol Drug Saf* 2009; 18: 427-436) describes  
588 the core concepts behind the most common methods, the proportional reporting ratio (PRR),  
589 reporting odds ratio (ROR), information component (IC) and empirical Bayes geometric  
590 mean (EBGM). The authors also discuss the role of Bayesian shrinkage in screening  
591 spontaneous reports and the importance of changes over time in screening the properties of  
592 the measures. Additionally they discuss three major areas of controversy and ongoing  
593 research: stratification, method evaluation and implementation in addition to giving some  
594 suggestions as to where emerging research is likely to lead.

595 Even for initial studies aimed at signal detection, a primary aim ought to be to estimate the  
596 magnitude of the adverse effect with minimum possible bias. The PRR is the proportion of  
597 spontaneous reports for a given drug that are linked to a specific adverse outcome, divided  
598 by the corresponding proportion for all or several other drugs. In the article [The reporting  
599 odds ratio and its advantages over the proportional reporting ratio](#) (Rothman KJ, Lanes S,  
600 Sacks ST. *Pharmacoepidemiol Drug Saf* 2004; 13: 519-523) the PRR is reviewed. It is shown  
601 that, if a spontaneous report database is viewed as source data for a case-control study, the  
602 reporting odds ratio (ROR) can be used to estimate relative risk and how, therefore, the  
603 corresponding odds ratio represents an improvement over the PRR.

604 The [Guideline on the use of statistical signal detection methods in the Eudravigilance data  
605 analysis system](#) describes quantitative methods implemented in signal detection by the  
606 European Medicines Agency together with the elements for their interpretation and their  
607 potential limitations in the frame of pharmacovigilance. It encompasses the use of  
608 quantitative methods in EudraVigilance applied to the evaluation of Individual Case Safety  
609 Reports (ICSRs) originating from health care professionals and involving authorised  
610 medicinal products.

611 Useful commentary and points of caution to consider before incorporating data mining as a  
612 routine component of any pharmacovigilance program is provided in [Data mining for signals  
613 in spontaneous reporting databases: proceed with caution](#) (Stephenson WP, Hauben M.  
614 *Pharmacoepidemiol Drug Saf* 2007; 16: 359–365), which also includes a review of data  
615 mining methodologies employed and their limitations.

616 The 2010 report of CIOMS Working Group VIII [Practical Aspects of Signal Detection in  
617 Pharmacovigilance](#) provides a comprehensive resource for those considering how to  
618 strengthen their pharmacovigilance systems and practices in terms of signal management.

### 619 **5.4. Integrating and pooling studies**

620 Often more than one study is available for a research question so it is important to identify  
621 and integrate the evidence. In epidemiology the focus of this activity is often not to obtain  
622 an estimate but to learn from the diversity of designs, results and associated gaps in  
623 knowledge.

624 A Systematic review (SR) is a review of the literature aiming to answer a specific and clearly  
625 formulated research question. SR use systematic and explicit methods to identify, select,

626 critically appraise relevant research, and to collect and analyse data from the studies that  
627 are included in the review. The key characteristics are that the methods used to minimise  
628 bias are explicit and the findings are reproducible as stated in the [Cochrane Handbook for](#)  
629 [Systematic Review of Interventions](#).

630 For example, it has long been recognised that persons using NSAIDs are at a significantly  
631 increased risk of gastrointestinal complications, for instance, injury to the intestinal lining  
632 that can result in ulcers and/or gastrointestinal bleeding. To reduce the morbidity associated  
633 with NSAIDs, specific estimates for individual drugs and individual groups of patients with  
634 different risk profiles are needed. Therefore, a systematic review of a number of studies is  
635 appropriate to determine specific pharmacologic features of NSAID-associated GI toxicity  
636 and to explore multi-factorial determinants in the risk of GI bleeding among NSAID users  
637 including clinical background, use of concomitant medications or a possible genetic  
638 susceptibility.

639 Frequently, a statistical technique known as meta-analysis (MA) is used to analyse and  
640 summarise the findings of a SR by quantitative pooling of the data from individual studies  
641 addressing the same question included in the SR. How MA can provide more precise  
642 estimates of the effects of health care than those derived from the individual studies  
643 included within a SR is demonstrated in [Quantitative synthesis in systematic reviews](#) (Lau J,  
644 Ioannidis JP, Schmid CH. Ann Intern Med 1997; 127: 820-826). In addition MA evaluates the  
645 consistency of results across studies and facilitates the exploration of the heterogeneity  
646 (clinical, methodological and/or statistical). Indeed, as shown in [Investigating causes of](#)  
647 [heterogeneity in systematic reviews](#) (Glasziou PP, Sanders SL. Stat Med 2002; 21: 1503-11),  
648 when very significant heterogeneity exists, the heterogeneity itself may deserve more  
649 emphasis than the pooled summary estimates.

650 SR and MA can be conducted with different sources of information including clinical trials or  
651 epidemiological studies for the assessment of safety and tolerability profiles of therapeutic  
652 interventions. Any SR and MA will, however, have the same limitations as the sources of  
653 information they use.

654 For example, randomised controlled trials (RCTs) are considered the gold standard for  
655 establishing causal association for therapeutic interventions. However, RCTs frequently have  
656 limitations relating to sample size, narrow population characteristics and indications, and  
657 short follow-up duration. Therefore RCTs alone and subsequent SR/MA of RCTs alone will not  
658 address issues relating to the incidence of diseases and will have little value in detecting rare  
659 events and in the evaluation of outcomes that are far in the future. On the other hand,  
660 epidemiological observational studies cannot establish causality because of methodological  
661 concerns such as inherent confounding and bias that arise in their designs. SR and MA of  
662 observational studies and other epidemiological sources are becoming as common as SR of  
663 published clinical trials and [Challenges in systematic reviews that assess treatment harms](#)  
664 (Chou R, Helfand M., Ann Intern Med 2005; 142:1090-9) shows why for different reasons  
665 both provide relevant information and knowledge for pharmacovigilance. It is emphasised  
666 that the limitations of data sources will not be compensated for by a SR and/or MA.

667 Section 6.4 further describes different approaches to integrating studies and pooling data.

## 668 **6. Data Sources**

669 There are two basic approaches for data collection. One is to use data already collected as  
670 part of administrative records or patient health care. The second option is *de novo* data

671 collection, which is collection of primary data specifically for the study. Increasingly often, a  
672 combination of both approaches is used.

### 673 **6.1. Available (secondary) data use**

674 The use of already available electronic patient health care data in automated health  
675 databases for research has had a marked impact on pharmacoepidemiology research. The  
676 last two decades have witnessed the development of key data resources, expertise and  
677 methodology that have allowed the conduct of landmark studies in the field. Electronic  
678 medical records and record linkage of administrative health records are the main types of  
679 databases from a data structure and origin perspective. Examples of the first and second are  
680 the General Practice Research Database in the UK and the national or regional databases in  
681 the Nordic countries, Italy, Netherlands and other countries, respectively.

682 The [ENCePP Inventory of Databases](#) contains key information on the databases that are  
683 registered by their owners or managers in the ENCePP Network. A comprehensive  
684 description of the main features and applications of frequently used databases for  
685 pharmacoepidemiology research in the United States and in Europe appears in the book  
686 *Pharmacoepidemiology* (B. Strom, 4<sup>th</sup> Edition, Wiley, August 2005, Chap. 13-22). As an  
687 increasing number of databases are now being made available for pharmacoepidemiological  
688 research, this list is inherently incomplete.

689 General guidance for studies including those conducted in databases can be found in the  
690 [ISPE Good Pharmacoepidemiology Practice](#), in particular sections IV-B (Study conduct, Data  
691 collection). This guidance emphasises the paramount importance of patient data protection.

692 The Working Group for the Survey and Utilisation of Secondary Data (AGENS) with  
693 representatives from the German Society for Social Medicine and Prevention (DGSMP) and  
694 the German Society for Epidemiology (DGEpi) developed a [Good Practice in Secondary Data  
695 Analysis Version 2](#) aiming to establish a standard for planning, conducting and analysing  
696 studies on the basis of secondary data, i.e. data collected for other purposes such as  
697 population-based disease registers. It is also aimed to be used as the basis for contracts  
698 between data owners (so-called primary users) and secondary users. It is divided in 11  
699 sections addressing, among other aspects, the study protocol, quality assurance and data  
700 protection.

701 The International Society for Pharmacoconomics and Outcome Research (ISPOR) working  
702 group on databases has published a [Checklist for Retrospective Database Studies](#) to assist  
703 decision makers in evaluating the quality of reporting in published studies that use health-  
704 related databases. It should be noted that the checklist focuses (in discussed problems and  
705 examples) on claims and encounter-based databases. It is meant to serve as a supplement  
706 to already available checklists for economic evaluations and will be most useful for health  
707 insurers (public or private). Some important aspects for pharmacoepidemiological studies  
708 are not covered, such as outcome definition and validity, evaluation of biases, sensitivity  
709 analyses, ethical issues, data ownership and privacy.

### 710 **6.2. De novo data collection**

711 General guidance on proper conduct of prospective patient-based studies can be found in the  
712 [ISPE Guideline for Good Pharmacoepidemiology Practices \(GPP\)](#) and the [IEA Good  
713 Epidemiological Practice \(GEP\) Guideline](#). The GPP is especially useful for its  
714 recommendations on aspects rarely covered by guidelines, such as data quality issues and

715 archiving. Both guidelines address the importance of patient data protection and the ethical  
716 principles of research using patient health care and personal data.

717 Patient registers are sometimes requested by regulators at the time of authorisation of a  
718 medicinal product in order to determine clinical effectiveness and monitor safety. A registry  
719 should be considered as an observational study where entry is defined either by diagnosis of  
720 a disease (disease registry) or prescription of a drug (exposure registry). The AHRQ of the  
721 United States has published [Registries to Evaluate Patient Outcomes: a User's guide, Second  
722 Edition](#). The purpose of this comprehensive and useful document on 'good registry practices'  
723 is to serve as a guide to the planning, design, implementation, analysis, interpretation, and  
724 evaluation of the registry's quality. A section also covers linking of registries to other data  
725 sources. This section is, however, focused on the United States. References to research  
726 review, funding and regulatory bodies are, therefore, US centric and specific  
727 recommendations, in particular on ethical, privacy ownership and regulatory aspects, cannot  
728 be transferred to the European situation.

729 Surveys in pharmacoepidemiology, in the areas of disease epidemiology and risk  
730 minimisation evaluation efforts, are increasing. Such surveys require a sampling strategy  
731 that allows for external validity and maximised response rates. Useful textbooks on these  
732 aspects are *Survey Sampling* (L. Kish, Wiley, 1995) and *Survey Methodology* (R.M. Groves,  
733 F.J. Fowler, M.P. Couper, J.M. Lepkowski, E. Singer, R. Tourangeau, 2<sup>nd</sup> Edition, Wiley 2009).  
734 Depending of the purpose of the survey, questionnaires are often used. They should be  
735 validated based on accepted measures including, if appropriate, construct, criterion and  
736 content validity, inter-rater and test-retest reliability, sensitivity and responsiveness.  
737 Although primarily focused on quality of life research, the book *Quality of Life: the  
738 assessment, analysis and interpretation of patient-related outcomes* (P.M. Fayers, D.  
739 Machin, 2<sup>nd</sup> Edition, Wiley, 2007) offers a comprehensive review of the theory and practice  
740 of developing, testing and analysing questionnaires in different settings. *Health  
741 Measurement Scales: a practical guide to their development and use* (D. L. Streiner, G. R.  
742 Norman, 4<sup>th</sup> Edition, Oxford University Press, 2008) is a very helpful guide to those involved  
743 in measuring subjective states such as attitudes, feelings, quality of life, educational  
744 achievement and aptitude, and learning style in patients and healthcare providers. Many  
745 other examples of the development and testing of questionnaires have also been published  
746 in the scientific literature.

747 RCTs are a form of *de novo* data collection. There are numerous textbooks and publications  
748 on methodological and operational aspects of clinical trials, although they are not covered  
749 here. An essential guideline on clinical trials is the [Guideline for Good Clinical Practice](#), which  
750 specifies obligations for the conduct of clinical trials to ensure that the data generated in the  
751 trial is valid.

### 752 **6.3. Hybrid studies**

753 The use of the term 'hybrid studies' in the current document relates to efforts at bridging the  
754 pharmacoepidemiological principles and practices of interventional and non-interventional  
755 study design, conduct and analysis. One of the primary aims for doing this is to better reflect  
756 'real life' populations and circumstances.

#### 757 **- Large simple trials**

758 RCT are considered the gold standard for demonstrating the efficacy of medicinal products.  
759 This design can also be used to obtain unbiased estimates of the risk for adverse outcomes.

760 However, large sample sizes are required when the risk is small or delayed (with an large  
761 expected attrition rate), when the population exposed to the risk is heterogeneous (e.g.  
762 different indications and age groups), when several risks need to be assessed in the same  
763 trial (e.g. risks of stroke and of myocardial infarction) or when many confounding factors  
764 need to be balanced between treatment groups. In such circumstances, the cost and  
765 complexity of a RCT may outweigh its advantages over observational studies. Large simple  
766 randomised trials (LST) are an attempt to overcome this problem by keeping the volume and  
767 complexity of data collection to a minimum. Outcomes that are simple and objective can be  
768 measured from the routine process of care using epidemiological follow-up methods, for  
769 example by using questionnaires or hospital discharge records. An example of a LST is the  
770 [Assessment of the safety of paediatric ibuprofen: a practitioner based randomised clinical  
771 trial](#) (Lesko SM, Mitchel AA. JAMA 1995; 279: 929-933).

772 The LST methodology is discussed in Chapter 39 of the book *Pharmacoepidemiology* (B.  
773 Strom, 4<sup>th</sup> Edition, Wiley, August 2005). It includes a list of conditions appropriate for the  
774 conduct of a LST and a list of conditions which make a LST feasible.

775 Note that the use of the term 'simple' in the expression 'LST' may not adequately reflect the  
776 complexity of the studies undertaken. Replacement of the term 'simple' with 'streamlined' is  
777 considered appropriate in that it better reflects the rationalised and efficient nature of these  
778 studies.

#### 779 - **Randomised database studies**

780 Randomised database studies (RDS) can be considered a special form of a LST where  
781 patients included in the trial are enrolled in a health care system with electronic records.  
782 RDS attempt to combine the advantages of randomisation and observational database  
783 studies. In a RDS, eligible patients may be identified and flagged automatically by the  
784 software, with the advantage of allowing comparison of included and non-included patients.  
785 Database screening or record linkage can be used to detect and measure outcomes of  
786 interest otherwise assessed through the normal process of care. Patient recruitment,  
787 informed consent and proper documentation of patient information are hurdles that still need  
788 to be addressed in accordance with the applicable legislation for RCTs. These and other  
789 aspects of RDS are discussed in Chapter 17 of the book *Pharmacoepidemiology and  
790 Therapeutic Risk Management* (A.G. Hartzema, H.H. Tilson and K.A. Chan, Editors, 1<sup>st</sup>  
791 Edition, Harvey Whitney Books Company, 2008), which illustrates with examples the  
792 practical implementation of randomised studies in general practice databases. Another use  
793 of databases in RCT is the long-term follow-up of patients in observational studies after RCT  
794 termination, for example to assess long-term safety and effectiveness at regular intervals  
795 using objective outcomes. There are few published examples of RDS, but this design could  
796 become more common in the near future with the increasing computerisation of medical  
797 records.

#### 798 **6.4. Research networks**

799 Networks of centres active in pharmacoepidemiology and pharmacovigilance are rapidly  
800 changing the landscape of drug safety research in Europe. Although collaborations for  
801 multinational studies are not new, they have been strongly encouraged over the last years  
802 by the drug safety research funded by the European Commission (EC). The funding resulted  
803 in the conduct of groundwork necessary to overcome the hurdles of data sharing across  
804 countries.

805 Networking implies collaboration between investigators, which is based on trust and  
806 willingness to share, to maximise the advantage of bundling expertise. The [ENCePP](#)  
807 [Database of Research Resources](#) may facilitate such collaborations by providing an inventory  
808 of research centres and data sources available for specific pharmacoepidemiology and  
809 pharmacovigilance studies in Europe. It allows the identification of centres and data sets by  
810 country, type of research and other relevant fields.

811 From a methodological point of view, research networks have many advantages:

- 812 - By increasing the size of study populations, networks may shorten the time needed  
813 for obtaining the desired sample size. Hence, networks can facilitate research on rare  
814 events and accelerate investigation of drug safety issues;
- 815 - Heterogeneity of drug exposure across countries allows studying the effect of more  
816 individual drugs;
- 817 - Multinational studies may provide additional knowledge on whether a drug safety  
818 issue exists in several countries and on reasons for any differences between countries,  
819 which can lead to important information for regulators;
- 820 - Involvement of experts from various countries addressing case definitions,  
821 terminologies, coding in databases and research practices provides opportunities to  
822 increase consistency of observational studies;
- 823 - Requirement to share data forces harmonisation of data elaboration and transparency  
824 in analyses, and benchmarking of data management.

825 Different models have been applied for combining data from various countries ranging from  
826 a very disparate to a more integrated approach:

- 827 - Meta-analysis of results of individual studies with potentially different design e.g.  
828 [Variability in risk of gastrointestinal complications with individual NSAIDs: results of a](#)  
829 [collaborative meta-analysis](#) (Henry D, Lim Lynette L-Y, Garcia Rodriguez LA, Perez  
830 Gutthann SP, Carson JL, Griffin M, Savage R, Logan R, Moride Y, Hawkey C, Hill S,  
831 Fries JT. *BMJ* 1996; 312 :1563-1566), which compared the relative risks of serious  
832 gastrointestinal complications reported with individual NSAIDs by conducting a  
833 systematic review of 12 hospital and community based case-control and cohort  
834 studies, found a relation between use of the drugs and admission to hospital for  
835 haemorrhage or perforation.
- 836 - Pooling of results from common protocol studies conducted in different databases,  
837 allowing assessment of database/population characteristics and of choices of study  
838 design and analysis as determinants of variability (e.g. [IMI PROTECT](#) project).
- 839 - Pooling of aggregated data (person-time based) extracted locally from databases or  
840 electronic health records using a common data model and common software, and  
841 transmitted electronically to a central data warehouse for further analysis (e.g. [EU-](#)  
842 [ADR](#) project).
- 843 - Pooling of person level analytical datasets of individual studies (person level meta-  
844 analysis).
- 845 - Pooling of properly non-identifiable individual level data gathered locally (either from  
846 databases or field studies) to a central data warehouse for statistical analysis (e.g.  
847 [VAESCO](#) project).

848 - Pooling of elaborated individual-level data extracted locally from databases or  
849 electronic health records using common software and transmitted electronically to a  
850 central location for further analysis by multiple collaborators (e.g. [SOS-NSAIDS](#)  
851 project).

852 These different models have different strengths and weaknesses and present different  
853 challenges. These may include:

854 - Differences in culture and experience between academia, public institutions and  
855 private partners;

856 - Different ethical and governance requirements in each country regarding processing  
857 of anonymised or pseudo-anonymised health care data;

858 - Mapping of differing disease coding systems (ICD-9, ICD10, READ, ICPC) and  
859 languages of narrative medical information.

860 - Choice of data sharing model and access rights of partners;

861 - Validation of diagnoses and access to source documents for validation;

862 - Issues linked to intellectual property and authorship;

863 - Sustainability and funding mechanisms, especially when private funding (e.g. from  
864 pharmaceutical companies) is involved and when the study receives funding from  
865 several sponsors.

866 Experience has shown that many of these difficulties can be overcome by full involvement  
867 and good communication between partners, and a project agreement between network  
868 members defining roles and responsibilities and addressing issues of intellectual property  
869 and authorship.

870 Technical solutions also exist for data sharing and mapping of terminologies. A distributed  
871 data model and a JAVA (freely available) based data elaboration software was developed by  
872 the [EU-ADR](#) project to allow for pooling of data from drug safety studies across borders. This  
873 distributed data model and way of data sharing has been shown to be feasible, fast and to  
874 deal effectively with ethical and governance issues. It has been used in several other EC  
875 funded projects and in the United-States.

876 Many of the current research networks have operated mainly with EC funds and under EC  
877 grant agreements. The coming years should demonstrate whether and how the expertise  
878 and infrastructures can be maintained and used in the conduct of regulatory post-  
879 authorisation studies.

## 880 **7. Statistical Analysis Plan**

881 There is a considerable body of literature explaining statistical methods for observational  
882 studies but very little addressing the statistical analysis plan. Planning analyses for  
883 randomised clinical trials is covered in a number of publications and much of this applies  
884 equally to unrandomised design. A good reference in this respect is [ICH E9 'Statistical](#)  
885 [Principles for Clinical Trials'](#). While specific guidance on the statistical analysis plan for  
886 epidemiological studies is sparse, the following principles will apply to most of the studies.

887 A study is generally designed with the objective of deciding a set of research questions.  
888 However, the initial product of a study is a set of numerical and categorical observations that  
889 do not usually provide a direct answer to the questions that the study is designed to address.

890 The statistical analysis plan details the mathematical manipulations that will be performed  
891 on the observed data in the study and the patterns of results that will be interpreted as  
892 supporting alternative answers to the questions. It will also explain the rationale behind this  
893 decision making process and the way that this rationale has influenced the study design. An  
894 important part of the statistical analysis plan will explain how problems in the data will be  
895 handled in such calculations, for example missing or partial data.

896 The statistical analysis plan should be sufficiently detailed so that it can be followed in the  
897 same way by any competent analyst. Thus it should provide clear and complete templates  
898 for each analysis.

899 A feature common to most studies is that some unprespecified analyses will be performed in  
900 response to chance observations in the data. It is important to distinguish between such  
901 data-driven analyses and the prespecified findings. The statistical analysis plan provides a  
902 confirmation of this process.

903 A particular concern in retrospective studies is that decisions about the analysis should be  
904 made blinded to any knowledge of the outcomes. This should be a consideration in the study  
905 design, particularly when feasibility studies are to be performed to inform the design phase.

906 The statistical analysis plan is usually structured to reflect the protocol and will address,  
907 where relevant, the following points:

- 908 1. The statistical model used to address each primary and secondary objective.
- 909 2. Formal definitions of any outcomes e.g. fatal Myocardial Infarction (MI) might be  
910 defined as death within 30 days of an MI.
- 911 3. Formal definitions for other variable – e.g. thresholds for abnormal levels of blood  
912 parameters.
- 913 4. Sample size consideration making the data source concerning the expected variation  
914 of relevant quantities and the study power explicit.
- 915 5. Blinding to exposure variables of evaluators making subjective judgements about the  
916 study.
- 917 6. Methods of adjusting for confounding, including
  - 918 6.1 Which confounders will be considered;
  - 919 6.2 Criteria for any selection of a subset of confounders.
- 920 7. Handling of missing data, including
  - 921 7.1 How missing data will be reported;
  - 922 7.2 Methods of imputation;
  - 923 7.3 Sensitivity analyses for handling missing data;
  - 924 7.4 How censored data will be treated, with rationale.
- 925 8. Fit of the model, including
  - 926 8.1 Criteria for assessing fit;
  - 927 8.2 Alternative models in the event of clear lack of fit.
- 928 9. Interim analyses – if considered:

929 9.1 Criteria, circumstances and possible drawbacks for performing an interim  
930 analysis and possible actions (including stopping rules) that can be taken  
931 on the basis of such an analysis.

932 10. Description of achieved patient population

933 10.1 Departures from targeted population.

934 11. Treatment of multiplicity issues not elsewhere covered.

## 935 **8. Quality Control and Quality Assurance**

936 Although quality assurance is the rule for randomised clinical trials, the practice is less well  
937 established for observational studies, which may be used instead of clinical trials to assess  
938 the safety and effectiveness of specific pharmacologic interventions. They should, therefore,  
939 be held to the same standards of quality.

940 Quality control (QC) is the observation techniques and activities that are used to fulfill  
941 requirements for quality. Quality Assurance (QA) is defined as the planned and systematic  
942 activities implemented in a quality system so that quality requirements for a product or  
943 service will be fulfilled. In general, QA defines the standards to be followed in order to meet  
944 the requirements, whereas QC ensures that these defined standards are followed at every  
945 step.

946 Aspects of research quality control that require close attention include data collection, data  
947 recording, numbers of people making measurements and recording data, numbers and kinds  
948 of QC measures that are necessary to verify accuracy and consistency of the collected data,  
949 data entry into computer files, storage of originals and copies of data sheets and computer  
950 files, assignment of tasks and responsibilities, and data analyses. Quality criteria specific to  
951 a study should be defined to ensure scientific validity of the results. These criteria may  
952 involve the following items: independent scientific committee, sampling investigator  
953 recruitment, study organisation and quality control of the collected data and may include on-  
954 site control visits to participating researchers.

955 In general, the following are the steps to implement QA in the research plan: identifying the  
956 expectations; determining the standards; measuring and comparing performances;  
957 analysing; planning and controlling.

958 The two following articles are examples of quality control implementations in  
959 pharmacovigilance/pharmacoepidemiological studies. The [Norwegian Prescription Database \(NorPD\)](#)  
960 (Karu F. Norsk epidemiologi 2008; 18 (2): 129-136) details the quality checks  
961 applied to the database. The article [Feasibility study and methodology to create a quality-  
962 evaluated database of primary care data](#) (Bourke A, Dattani H, Robinson M. Inform Prim  
963 Care 2004; 12(3):171-7) details the study conducted to build and test a model for collection  
964 of computerised retrospective primary care data in the UK, to assess its quality for use in  
965 medical and pharmaceutical research. The main quality outcome measures were indicators  
966 of the completeness of data recording. It was concluded that in the group of practices  
967 studied, levels of recording were generally assessed to be of sufficient quality to enable a  
968 database of quality-evaluated, anonymised primary care records to be created.

969 Section II 'Operating Registries' of the Agency for Healthcare Research and Quality  
970 [Registries to Evaluate Patient Outcomes: a User's guide, Second Edition](#) provides a practical  
971 guide to the day-to-day operational issues and decisions for producing and interpreting high-  
972 quality registries. It is a very good reference, albeit US focused. Chapter 10 'Data Collection

973 and Quality Assurance' reviews key areas of data collection, cleaning, storing, and quality  
974 assurance for registries. It contains a practical example of a performance-linked access  
975 system (PLAS) that ensures that only appropriate patients receive a treatment. It also  
976 details how these systems can help sponsors to monitor the patient population, and to learn  
977 more about adverse events and the frequency of these events

978 Section VII 'Archiving' in the [ISPE Guidelines for Good Pharmacoepidemiology Practices](#)  
979 points out that copies of all quality assurance reports and audits should be included within  
980 the archived documents.

981 The DURQUIM [Indicators of prescribing quality in drug utilisation research](#) is a report of a  
982 European meeting at which a first draft of a database of prescribing quality indicators,  
983 already subjected to validation procedures, was made.

984 The following study [A systematic literature review: Prescribing quality indicators for type 2  
985 diabetes mellitus and cardiovascular risk management](#) (Martirosyan L, Voorham J, Haaijer-  
986 Ruskamp FM, Wolffenbuttel BHR, Denig P. Pharmacoepidemiol Drug Saf 2010; 19(4): 319-  
987 34) describes the validity of existing prescribing indicators for type 2 diabetes mellitus and  
988 cardiovascular risk management.

989 The following references are also useful guidance in terms of ensuring quality in  
990 pharmacoepidemiological research: the CIOMS [International Ethical Guidelines for  
991 Epidemiological Studies](#), the AGENS, DGSMP and DGEpi [Good Practice in Secondary Data  
992 Analysis Version 2](#) and the [Checklist of Methodological Standards for ENCePP Study Protocols](#).

## 993 **9. Safety reporting (Adverse Events)**

994 Clinical trials carried out during drug development cannot detect all safety issues, especially  
995 those that are uncommon, occur in specific population groups or occur after a long delay.  
996 Spontaneous reports from health care professionals are the commonest source for the  
997 identification of safety concerns arising with marketed medicines. Studies or registers can  
998 also provide the initial evidence leading to the identification of a new safety concern that  
999 may impact on patients and require a regulatory action to minimise the risk. Follow-ups of  
1000 large numbers of persons using a structured data collection system may provide the  
1001 conditions to identify and characterise adverse reactions within the limits of study design,  
1002 objectives, sample size and duration. Therefore, consideration should be given to the  
1003 expedited reporting of adverse reactions to competent authorities when designing a study  
1004 and writing a protocol.

1005 Chapter VI of the [ISPE Guidelines for Good Pharmacoepidemiology Practices](#) (GPP) provides  
1006 general recommendations for adverse event reporting from pharmacoepidemiology studies.  
1007 This text should be consulted by investigators when designing a non-interventional study. It  
1008 specifies six conditions which, if obtained, generally require expedited individual case  
1009 reporting. These recommendations do not take precedence over the obligations to  
1010 companies sponsoring a post-authorisation study in the European Union specified in Volume  
1011 9A.

1012 The following general recommendations should be followed for studies carried out in the  
1013 European Union:

- 1014 – For a company-sponsored non-interventional post-authorisation study, the provisions  
1015 included in Part I (Guidelines for Marketing Authorisation Holders), Chapter 7.4.2.  
1016 (Reporting of Adverse Reactions) of [Volume 9A on Pharmacovigilance](#) of the Rules

1017 Governing Medicinal Products in the EU (page 93 for the version dated September  
1018 2008) should be followed. These provisions specify that the usual regulatory  
1019 requirements for reporting of adverse reactions should be fulfilled. This means that  
1020 Marketing Authorisation Holders should ensure that they are notified by the  
1021 investigator of serious adverse reactions and, if specified in the protocol, of events.  
1022 However, it is acknowledged that for certain study designs, such as case-control or  
1023 retrospective cohort studies, it is not feasible or appropriate to make a causality  
1024 assessment at the individual case level, and therefore expedited reporting is not  
1025 required. In case of doubt, the reporting requirements for a specific study should be  
1026 clarified with the competent authority. Marketing Authorisation Holders should check  
1027 whether additional national requirements apply in countries where the study will be  
1028 carried-out.

- 1029 – For a non-interventional post-authorisation study which is not sponsored by a  
1030 company, there are no legal reporting obligations at the European level. Investigators  
1031 should however enquire whether national obligations exist. Obligations or  
1032 recommendations may also be specified by an Ethical committee or a data safety  
1033 monitoring board.
- 1034 – If the study qualifies as an interventional trial, the reporting criteria laid down in  
1035 Directive 2001/20/EC and related guidance ([Volume 10 on Clinical trials](#) of the Rules  
1036 Governing Medicinal Products in the EU) should be followed.

1037 Any update of the Rules Governing Medicinal Products in the EU can be found on the  
1038 [Eudralex website](#).

1039 Chapter 12 of the AHRQ [Registries to Evaluate Patient Outcomes: a User's guide, Second  
1040 Edition](#) addresses the identification, processing, and reporting of adverse events detected in  
1041 situations in which a registry has individual patient contact. This chapter should be read in  
1042 the context of the regulatory requirements applicable in the United States. It also presents  
1043 the enforceable new framework established by the FDA for risk management of products  
1044 with known safety concerns, called Risk Evaluation and Mitigation Strategies (REMS).

## 1045 **10. Communication**

1046 Aspects of research communication include, but are not limited to, reports to health  
1047 authorities, sponsors, presentations in scientific fora, scientific publications, patient focused  
1048 communications and websites. For marketing authorisation holders, study results should also  
1049 be reflected in regulatory documents such as the risk management plan and the periodic  
1050 safety update report.

1051 The [ISPE Guidelines for Good Pharmacoepidemiology Practices](#) contain a section on  
1052 communication (section V) which includes a statement that there is an ethical obligation to  
1053 disseminate findings of potential scientific or public health importance and that research  
1054 sponsors (government agencies, private sector, etc.) shall be informed of study results in a  
1055 manner that complies with local regulatory requirements.

1056 The [Guidelines for Submitting Adverse Event Reports for Publication](#) endorsed by ISOP and  
1057 ISPE aim to introduce the audience/readers to the key elements that have to be included  
1058 when someone wishes to report and publish results about adverse drug events (AEs). The  
1059 information is clearly and coherently presented in the cited guideline. The required data are  
1060 divided based on three levels of requests: 'required', 'highly desirable' and 'if relevant'. Of

1061 note, these requirements only give clinical practitioners the opportunity to report and to  
1062 publish AE findings, because the majority of these data are at their disposal.

1063 The [EQUATOR Network](#) is an international initiative that aims to enhance the reliability and  
1064 value of the published health research literature. The article [A catalogue of reporting  
1065 guidelines for health research](#) (Simera I, Moher D, Hoey J, Schulz KF, Altman DG. Eur J Clin  
1066 Invest 2010; 40(1): 35-53) presents a collection of tools and guidelines available on the  
1067 [EQUATOR website](#) relating to resources, education and training to facilitate good research  
1068 reporting and the development, dissemination and implementation of robust reporting  
1069 guidelines to increase the accuracy and transparency of health research reporting.

1070 The [STROBE Statement \(Guidelines for Reporting Observational Studies\)](#) has established  
1071 recommendations for improving the quality of reporting of observational studies and seeks  
1072 to ensure a clear presentation of what was planned, done, and found. Of note, the aim of  
1073 these guidelines was not to prescribe the reporting of observational research in a rigid  
1074 format, but to address what should be the critical information that a publication on an  
1075 observational study should contain. In this regard, the guidance provided is complete, with  
1076 practical examples that facilitate interpretation and understanding of the recommendations,  
1077 though it is of limited usefulness for the design and conduct of epidemiological research  
1078 projects. The recommendations are limited to cohort, case-control, and cross-sectional  
1079 studies, though other types of epidemiological studies might benefit from most of the  
1080 recommendations at the time of drafting the manuscript. No recommendation on ethical  
1081 considerations, ownership of data and criteria for establishing the authorship are given. This  
1082 is a major limitation of these recommendations, since these aspects are highly relevant for  
1083 the topic under consideration (reporting and publishing of studies).

1084 The [MOOSE group](#) has developed standards and a checklist for reporting meta-analyses of  
1085 observational studies in epidemiology equivalent to the [STROBE Statement \(Guidelines for  
1086 Reporting Observational Studies\)](#) and the [CONSORT statement](#) for trials, in that they have  
1087 communication as their primary objective and take the form of a list of minimum  
1088 requirements for adequate reporting. The MOOSE article is quite similar to the others in its  
1089 structure, scope, length and depth of detail and is useful for the declared audience of  
1090 researchers, readers, reviewers and editors. The structure of the article is slightly confusing  
1091 though, as the formal 'Results' includes subheadings such as 'background', 'search strategy',  
1092 'results' and 'discussion'. The authors recommend a broad inclusion of studies and to  
1093 conduct post-hoc sensitivity on the dependence of the results on factors, such as quality of  
1094 underlying papers, design, accounting for confounders etc. The authors comment on the  
1095 particular problems in merging observational studies with highly variable sets of confounders  
1096 that were or were not controlled for, but they do not suggest any solution or give any  
1097 references to possible ways to address it.

1098 The [PRISMA Statement](#) is an evidence-based minimum set of items for reporting in systematic  
1099 reviews and meta-analyses consisting of a 27-item checklist and a flow diagram. While focused on  
1100 randomised trials, PRISMA can also be used as a basis for reporting systematic reviews of other types  
1101 of research, particularly evaluations of interventions. PRISMA may also be useful for critical appraisal  
1102 of published systematic reviews, although it is not a quality assessment instrument to gauge the  
1103 quality of a systematic review. PRISMA is a successor to the [QUORUM Statement](#) and the associated  
1104 QUORUM flow chart.

1105 Additional guidance is provided in the ENCePP [Checklist of Methodological Standards](#) and  
1106 [Code of Conduct](#) and the [IEA Good Epidemiological Practice \(GEP\) Guideline](#) that have been  
1107 reviewed elsewhere in the present document.

- 1108 Some of the points that are emphasised by the cited guidelines are:
- 1109 – Sources of research funding should always be disclosed whether in oral or written  
1110 presentation.
  - 1111 – A dissemination and communication strategy should be predefined as part of the  
1112 funding contract.
  - 1113 – All results with a scientific or public health impact must be made publicly available  
1114 without undue delay.
  - 1115 – Quantitative measures of association should be reported rather than just results of  
1116 testing.
  - 1117 – Authorship should conform to the guidelines established by the International  
1118 Committee of Medical Journal Editors' ['Uniform Requirements for Manuscripts  
1119 Submitted to Biomedical Journals'](#).
  - 1120 – For a case report (or series) on suspected adverse drug reactions, minimum  
1121 requirements include an account of the patients medical history and disposition, a  
1122 detailed account of the dispensed product (substances, brand, route of administration)  
1123 and a detailed account of the adverse event (nature, timing, severity, outcome).

## 1124 **11. Update of the Guide**

1125 In line with the scope of the present inventory to be dynamic, researchers are kindly  
1126 requested to refer any additional guidance document (with an electronic link, where  
1127 possible) that they may be aware of, and that is considered relevant, to the [ENCePP  
1128 Secretariat](#) for possible inclusion in future updates.

1129 Systematic updates of this electronic document will be performed every year. More frequent  
1130 amendments may be performed for important modifications.

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